
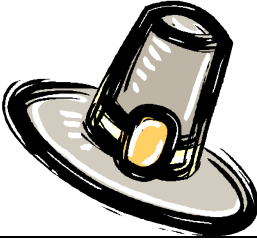



# NOVEMBER 2011 COUGAR CAFÉ

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Taco Supreme W/Cheese Sauce Rice/Corn Salsa/Lettuce Oranges Choice of Milk	2 Chicken Pattie on a Bun Potato Mixed Veggies Brownie Choice of Milk	3 Rotini W/Meat Sauce Breadsticks Green Beans Peanut Butter Cookie* Choice of Milk	4  Half Day  No Hot Lunch
7 Chicken Nuggets WW Bread Peas Grapes Choice of Milk	8 Hot Dog on a bun French Fries Baked Beans Peaches Choice of Milk	9 Texas Taco Cheese/Lettuce Rice/Salsa Sour Cream Applesauce Choice of Milk	10 Deli Turkey Wrap Lettuce/Pickles Pretzels Ice Cream Choice of Milk	11 Mac & Cheese Jelly Sandwich Fresh Veggies & Dip Fresh Fruit Choice of Milk
14 Pizza Dippers W/Sauce Potato Peas Fruit Choice of Milk	15 Brunch for Lunch Pancakes Egg Omelet Hash Browns Warm Apples Choice of Milk	16 THANKSGIVING DINNER Turkey/Gravy Mashed & Sweet Potatoes Green Beans Pumpkin Pie Choice of Milk	17 Cougar Burger French Fries Lettuce/Cheese Pickles Yogurt Choice of Milk	18 Grilled Cheese Tomato Soup Fresh Veggies Trail Mix* Choice of Milk
21 Popcorn Chicken Peas WW Bread Fruit Choice of Milk	22 Cougar Pizza Potato Fresh Veggies Apples Choice of Milk	23 No School  	24 Happy Thanksgiving  From St. Al's Lunchroom Staff	25 No School  
28 Corn Dogs French Fries Fresh Veggies Applesauce Choice of Milk	29 Cougar Chicken Wrap Lettuce/Cheese Corn Fruit Rainbow Crispy Treat Choice of Milk	30 Salisbury Steak w/gravy Mashed Potatoes Vegetable WW Bread Apple Crisp Choice of Milk	20 day ticket 5 day ticket Daily ticket Seconds Milk Adult ticket  *contains peanut product	\$44.00 \$11.00 \$ 2.30 \$ 1.00 \$ .40 \$ 3.00