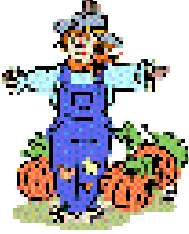


## October 2011 Cougar Café Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Nuggets Tater Tots Vegetable Fruit Choice of Milk	4 Texas Taco Rice/Corn Cheese/Salsa Sr Cr/Lettuce Peaches Choice of Milk	5 Turkey & Gravy Mashed Potato Vegetable Bread & Butter Apple Crisp Choice of Milk	6 Spaghetti with Meat Sauce Breadsticks Green Beans Peanut Butter Cookie * Choice of Milk	7 Mexican Pizza w/ Taco meat Cheese/Lettuce Salsa/Sour Cr Corn Fruit Choice of Milk
10 Corn Dogs French Fries Baked Beans Fruit Choice of Milk	11 Macaroni & cheese Deli Sandwich w/the works Fresh Fruit Choice of Milk	12 Chicken Patty on a Bun w/fixings Potato Corn Brownie Choice of Milk	<b>No School</b>	<b>No School</b>
17 Popcorn Chicken Potato Broccoli Fruit Choice of Milk	18 Hot Dog on a bun French Fries Veggie's & Dip Applesauce Choice of Milk	19 Chicken Parmesan w/buttered noodles Vegetable Cake Choice of Milk	20 Sloppy Joe on a bun Tater Tots Corn Cookie Choice of Milk	21 Grilled Cheese Tomato Soup Potato Fresh Veggies Fruit Choice of Milk
24 Chicken Nuggets Tater Tots Vegetable Cookie Choice of Milk	25 Cougar Burger w/the works Hash Browns Corn Cookies Choice of Milk	26 Pizza Dippers w/sauce Potato Green Beans Fresh Fruit Choice of Milk	<b>No School</b>	<b>No School</b>
31 Brunch for Lunch Cheesy Omelets Hash Browns Bagel w/jelly & cream cheese Orange juice Choice of Milk		<b>20-day ticket</b> <b>5-day ticket</b> <b>Daily ticket</b> <b>Seconds</b> <b>Milk</b> <b>Adult ticket</b> *contains peanut product	<b>\$44.00</b> <b>\$11.00</b> <b>\$ 2.30</b> <b>\$ 1.00</b> <b>\$ .40</b> <b>\$ 3.00</b>	